



# *Seaside Life Teen*

“Leading teens closer to Christ.”  
**9th Grade Confirmation**



For more detailed information please visit [seasidelifeteen.org](http://seasidelifeteen.org)

**Orientation Night for incoming 9th and 10th grade parents and students will be held on Sunday, September 18th from 6:30 to 8 p.m. following the 5:30 p.m. Life Teen Mass!**

**Our Seaside Life Teen Mission:** *As ambassadors for Christ, our mission is to reflect the love of Christ to all who enter our doors, expressing excitement and enthusiasm for the opportunity to share our church home and to welcome all visitors in such a way that they would be transformed from strangers into friends.*

**What is Seaside Life Teen?** Seaside Life Teen exists to help bring our teens into a personal, transformative encounter with Jesus Christ, so that they would understand that they were created by God with a purpose: to know Him, love Him and prepare for eternity with Him in Heaven. Teens are empowered and invited to set aside the world and find their true identity with our Lord in a faith community that is driven and led by their peers through regularly spending time with Jesus at Holy Hour, learning about who our God really is at Life Nights, encountering Jesus in service to our brothers and sisters and, most importantly, by partaking in the Sacrifice of the Mass.

**Confirmation Commitments:** As high schoolers prepare to be Confirmed as adults in the Church, it is essential for them to grow in an intimate and lasting relationship with Jesus Christ. Through participation in Seaside Life Teen, teens are formed in habits which help them grow in virtue, faith, and relationship with our Lord, helping to prepare for the Sacrament of Confirmation. To ensure that our teens have the highest chance of really getting to encounter our Lord, we ask that all 9th Grade students seeking to receive Confirmation would do the following throughout the year:

- **Attend at least 12 Life Nights (held Sundays from 6:30 to 8 p.m.)**
- **Attend at least 3 Thursday Night Holy Hours (held Thursdays from 8:30 to 9:30 p.m.)**
- **Attend Weekly Mass (All teens are asked to join us for the 5:30 p.m. Teen Mass at Resurrection)**
- **Attend a Yearly Retreat (scheduled through Life Teen)**
- **Attend at least 3 Service Events (scheduled through Life Teen)**

**Attendance is taken at all events in order to ensure that our teens get the most out of our program and ready to receive the great gift of Confirmation.**

## **Commitment Breakdown:**

**Why Life Nights?** The Goal of Life Teen is to build a vibrant faith community for our teens here in Hingham. With that being said, we wish to create an environment at Life Nights that students desire to come back to, even after they have met the expectations asked of them as they prepare for Confirmation. Life Nights take place from 6:30 to 8 p.m. following the 5:30 p.m. Life Teen mass on Sundays at Resurrection Church. Life Nights are the primary time each week where social activities, current issues, or catechesis will be given in an engaging and relevant way. They are also times of fellowship, catechesis and community. In order for our teens to be best prepared to receive Confirmation and become adults in the church, it is necessary for us to make sure they have attended some number of Life Nights and constantly come to Mass, as this helps establish habits of growing in the faith. However, students are encouraged to continue to attend Life Nights beyond the 12 that are asked of them, as our ultimate goal is to establish and cultivate a faith community for our teens.

## **Fall 2022-Spring 2023 Life Night Outline**

Orientation Night for all Confirmation Students & Parents - 9/18

Life Teen Kick-Off for all High School Students - 9/25

Remaining Life Nights - 10/2, 10/16, 10/23, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11, 12/18 1/8, 1/15, 1/22, 1/29, 2/5, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/23, 4/30, 5/7

**Why Holy Hour?** Life Teen Holy Hours are a time of adoration, praise and worship with guided meditation, music and the opportunity for confession. They take place every Thursday at Resurrection Church from 8:30-9:30 p.m. and provide our teens with a time to sit before the real presence of our Lord and rest in His peace. Students are asked to check in with Alyssa at the end of Holy Hour to make sure they are given credit towards their Holy Hour commitment.

**Why Weekly Mass?** As Catholics, the Eucharist is the Source and Summit of our faith, the Mass is the most important piece of our living out our identity in Jesus, and ultimately, weekly Mass is the best way to prepare our teens for Confirmation. The goal of having our students at the 5:30 p.m. Mass is to create a positive, inviting church atmosphere for our teens, ultimately allowing them to take ownership of their own Mass attendance and participation. Life Teen Mass takes place every Sunday from 5:30-6:30 p.m. at Resurrection Church. We strongly urge parents to attend that mass with their teens. If an individual isn't able to attend the Life Teen Mass on a particular Sunday, we ask that you email Alyssa Gendreau at [agendreau@hinghamcatholic.org](mailto:agendreau@hinghamcatholic.org)

**Why a Retreat?** Jesus was constantly retreating away, setting aside time to pray and be in the presence of our Heavenly Father. In our busy world, it is necessary for us to learn how to do the same. Students will have multiple opportunities for retreats throughout the year, listed below. Please note, if you do not plan to attend any one of our "off site" retreat experiences, you are expected to be at the retreat held on April 1st. Retreat opportunities for this upcoming year include:

- **CAMPS (8/1/22 - 8/6/22)**
- **March for Life (1/19/23 - 1/21/23)**
- **February/April Mission Trip (2/18/23 - 2/25/23 OR 4/15/23 - 4/22/23)**
- **World Youth Day (7/30/23 - 8/10/23)**
- **Life Teen 9th Grade retreat (Saturday 4/1 from 9 a.m. to 3 p.m. at Resurrection)**

**Why Life Teen Service?** Life Teen service events are centered around the Spiritual and Corporal works of Mercy. The goal of these events is to encounter the living Christ and learn what it means to live out charity by loving our neighbors and caring for them, body and soul. Students are asked to attend a minimum of 3 service events with Seaside Life Teen during the year. Service opportunities will be provided, and usually will be held on Saturday mornings. For more information, please check the website for an outlined schedule of service opportunities, which will be posted in the early fall.

*If you have any questions concerning Life Nights, Mission Trips, Holy Hour, March for Life, retreats, or any summer events, please contact Alyssa Gendreau, the Collaborative Youth Minister, at [agendreau@hinghamcatholic.org](mailto:agendreau@hinghamcatholic.org). Any questions regarding Confirmation ceremony, Confirmation paperwork/requirements, Catechism Exam can be directed to Jo-Ann Sullivan at [jsullivan@hinghamcatholic.org](mailto:jsullivan@hinghamcatholic.org)*