



# Seaside Life Teen



## CATHOLIC BASICS

### 1. What are the 10 Commandments (in order)

1. I am the Lord your God, you shall not have other gods before me. (money, pleasure, sports, getting into the best school, success, power, honors). 2. Do not use God's name in vain. (don't curse God's name)
3. Keep the Sabbath Holy. (Go to Mass every Sunday).
4. Honor your mother and father. (Listen to your parents and show them respect).
5. Do not murder. (murder, drugs, abuse of alcohol, hatred of others, (talking ill of others, ruining their reputation through verbal speech and social media.)
6. Do not commit adultery. (having sexual relations with someone else other than your spouse, watching pornography, impurity with self and others)
7. Do not steal. (Do not take what does not belong to you, return things you borrow )
8. Do not bear false witness Do not lie . Always be truthful
9. Do not be jealous of your neighbor's wife. (keeping your heart pure).
10. Do not envy your neighbor's goods. (To be happy with what God has given you)

**2. What makes us Catholic? What do we believe in? Why are we different then say Baptist?** Catholic means Universal. We believe that Jesus Christ is our savior. We believe that the **Eucharist is the real body and blood of Jesus**. The center of our faith is the **Mass**. This is where God through the power of the priest and holy spirit, changes the bread and wine into the body and blood of Jesus Christ. Jesus started the Catholic Church when Jesus built his church upon Peter, the rock, the first Pope. We are different from say Baptist because we believe that the Eucharist is the real body and blood of Jesus - **not just a symbol**. We also believe that the **Pope** is the leader of the Catholic Church. We also believe that **Holy Mary** is the Blessed Mother of God and she is a saint. We honor her and pray to her **to intercede** for us and bring our prayers to her son.

**3. What is a sacrament? List the 7 sacraments** A sacrament brings us closer to Christ in a visible way. It gives us grace and strength to grow in our love for Jesus. There are 7 : Baptism, Confession, Eucharist, Confirmation, Holy Orders, Marriage, Anointing of the Sick

**4. What happens when we are baptized?** We receive the initial gift (faith, hope and charity) of the Holy Spirit and are welcomed into the Catholic Community. Our original sin is washed away and we become sons and daughters of God.

**5. What happens at confession and why is it important?** Confession is when we confess our sins to a priest. It frees us from sin and opens us up for the Holy Spirit to take over. We cannot be forgiven from our sins unless we go to confession. It is a wonderful way to be cleansed and strengthened. It keeps us close to Jesus. It is very important to receive

this sacrament especially before Confirmation.

**6. Why is it important to go to mass?** Why can't we just pray on our own? We need the Eucharist to give us strength, grace, and help us become more like Christ. Its also a commandment to go every Sunday.

**7. What are the 2 parts to the mass?** Liturgy of the Word, Liturgy of the Eucharist.

**8. How many gospels are there and what are they?** 4 Matthew, Mark, Luke and John. **What does gospel mean?** Good news

**9. What is advent?** Advent is the 4 weeks before Christmas where we prepare our hearts for the coming of Christ.

**10. What is Lent?** Lent is the season of the church 40 days before Easter when we usually give up something or do something special as a sacrifice to prepare our hearts for the joy of Easter. We fast (abstain from meat) on Ash Wednesday and Good Friday and every Friday during Lent.

**11. What is Adoration and why is it important?** Adoration is when you come to church in front of the Blessed Sacrament. The blessed sacrament is the Eucharist (Jesus) displayed in a monstrance. It can be a time to just be in the presence of Christ. It can be a time to hear what Jesus has to say to you. It can be a time of peace and quiet reflection. It helps you develop your relationship with Christ.

**12. Why is the rosary important?** The rosary is a prayer that we say as Catholics. It brings us special graces and protects us from evil. It is a powerful tool to keep Satan away - a weapon ...especially when it is said with the family. The Blessed Mother has told us that there is no greater protection for us than the rosary said with the family.

**13. What is a sin?** When we choose to do something wrong that we know is wrong...an offense against God. It takes us away from him. When we sin, we need to be healed and need to go to confession and ask for forgiveness.

**14. What is the trinity?** 3 Divine persons but one God. Father, Son, and Holy Spirit.

**15. What happens during the sacrament of Confirmation?** 1. We receive the fullness of the Holy Spirit along with the 7 gifts. 2. We are sealed with the Holy Spirit. 3. We become soldiers for Christ. 4. We become a true witness for Christ by our words and good actions.

**16. What are the 7 gifts of the Holy Spirit given to us at Confirmation?**

Wisdom, Knowledge, Understanding, Right Judgement, Courage, Reverence, Wonder Awe.

**17. How can I stay close to God?** Daily Prayer, mass, adoration, rosary, Eucharist, Confession, doing good works,(helping others) reading the Bible.