



Seaside Life Teen



“Leading teens closer to Christ.”

10th Grade Confirmation

For more detailed information please visit seasidelifeteen.org

Orientation Night for incoming 9th and 10th grade parents and students is from 7:30-8:30 P.M. in the Resurrection Upper Church on Wednesday, September 8th.

Our Mission: *As ambassadors for Christ, our mission is to reflect the love of Christ to all who enter our doors, expressing excitement and enthusiasm for the opportunity to share our church home and to welcome all visitors in such a way that they would be transformed from strangers into friends.*

Expectations:

1. **Life Nights and Holy Hour:** 12 Life Nights (which include the 3 social issue nights) and 3 Holy Hours which take place every Thursday at Resurrection from 8:30-9:30 P.M.
2. **Three Special Issue Nights for Teens and a Parent:** There will be three special Life Nights this year centered around talks on relevant social issues and the faith. We ask that all Confirmation students and one parent are in attendance for these specific nights: 10/24/2021, 12/5/2021, and 3/6/2022. Thank you in advance for your cooperation!
3. **Attend Weekly Mass:** Life Teen Mass takes place every Sunday from 5:30-6:30 P.M. at Resurrection Church. We strongly urge parents to attend that mass with their teens. If an individual isn't able to attend the Life Teen Mass on a particular Sunday, we ask that you email Alyssa Gendreau at agendreau@hinghamcatholic.org. As Catholics, Mass is the most important piece of our faith, and ultimately weekly Mass is the best way to prepare our teens for Confirmation. The goal of having our students at the 5:30 Mass is to create a positive, inviting church atmosphere for our teens, ultimately allowing them to take ownership of their own Mass attendance and participation.
4. **Yearly Retreats:** In preparation for Confirmation, we ask students to attend a yearly retreat both their 9th and 10th grade years. We will offer retreats designated for each grade level on the following dates:
 - **10th Grade Retreat - Saturday, October 16th from 9 A.M. to 4 P.M. at Resurrection**
 - **9th Grade Retreat - Saturday, April 9th from 9 A.M. to 4 P.M. at Resurrection**In order to help foster a sense of community, we strongly encourage teens to attend the retreat designated to them for their particular grade. However, if your teen cannot make their designated retreat date, any one of our Mission Trips, Pilgrimages, Summer Camps (Discipleship Week or CAMPS) or March for Life can be accepted as a substitute. See below for more information and who to contact.
5. **Service Events:** Students are asked to attend a minimum of 3 service events with Seaside Life Teen during the year. Service opportunities will be provided, and usually will be held on Saturday mornings. For more information, please check the website for an outlined schedule of service opportunities
6. **Two Confirmation Classes specifically for 10th Graders:** There are two classes that take place during 10th grade specifically focusing on Sacramental preparation, as follows:
 - **Thursday, November 4th from 7:00 to 8:15 P.M., and**
 - **Thursday, April 7th 7:00 to 8:15 P.M. at Resurrection**
7. **Letter to the Bishop:** At our first Confirmation class, we will discuss the importance of Confirmation and selecting a saint name. After thoughtful consideration, you will formulate a letter to the Bishop including why you want to be Confirmed and why you choose a particular saint name. **A hard copy of this letter is due to Jo-Ann Sullivan by December 12th.**
8. **Night of Prayer and Reflection with Sponsors:** In our final days of preparation for Confirmation, we will hold a practice and night of prayer and reflection for our teens and their sponsors on Friday, May 6th at Resurrection Church from 7:00 P.M. - 8:15 P.M. Your sponsor is someone who is a Confirmed, practicing Catholic and someone who can be a mentor in your faith, and this is a beautiful opportunity for you two to share some time in prayer together.
9. **Paperwork for Confirmation**

The Confirmation Form and Sponsor Verification, both located on www.seasidelifeteen.org are **due February 1st, 2022** to Jo-Ann Sullivan, at sullivan@hinghamcatholic.org. Please submit the Baptismal Certificate by September 12, 2021.

When: The Sacrament of Confirmation is on Saturday, May 7th at Resurrection Church. You will receive an email from Jo-Ann Sullivan, our Confirmation Director.

Expectation Breakdown:

- **12 Life Nights:** The Goal of Life Teen is to build a vibrant faith community for our teens here in Hingham. With that being said, we wish to create an environment at Life Nights that students desire to come back to, even after they have met the expectations asked of them as they prepare for Confirmation. In order for our teens to be best prepared to receive Confirmation and become adults in the church, it is necessary for us to make sure they have attended some number of Life Nights and constantly come to Mass, as this helps establish habits of growing in the faith. However, students are encouraged to continue to attend Life Nights beyond the 12 that are asked of them, as our ultimate goal is to establish and cultivate a faith community for our teens. Our curriculum topics this year are set up in sets of 4-6 weeks with each Sunday building on the last (see below). There will also be 3 Life Nights offered on relevant social issues (see above) for all students in the Confirmation program and at least one of their parents.
- **3 Thursday Night Holy Hours:** Holy Hours are a time of adoration with guided meditation, music and the opportunity for confession. They take place every Thursday at Resurrection Church from 8:30-9:30 PM. **Students must check in with Alyssa at the end of Holy Hour to make sure they are given credit towards their Holy Hour expectation.**

Attendance is taken at all events in order to ensure that our teens get the most out of our program and ready to receive the great gift of Confirmation.

What are Life Nights? Our weekly youth ministry event known as Life Night takes place from 6:30 to 8 P.M. following the 5:30 PM Life Teen mass on Sundays at Resurrection Church. Life Nights are the primary time each week where social activities, current issues, or catechesis will be given in an engaging and relevant way. They are also times of fellowship, catechesis and community. Beyond Life Nights, this dynamic program will also be participating in outings, mission trips and much more! All of our events are open to everyone in grades 9-12! We invite you to check out our schedule of upcoming events on our website, seasidelifeteen.org.

Fall 2021-Spring 2022 Life Night Outline

- ❑ 9/8 - Orientation Night for incoming 9th and 10th grade students and their parents
- ❑ 9/12 – Kick-Off - Mass at 5:30 P.M. with cookout to follow

4 Class Cycles (*mandatory for teens and at least one parent)

- Cycle 1: Alive and Dangerous: 9/19, 9/26, 10/3, 10/24, **11/7***
- Cycle 2: The Promise: 11/14, 11/21, 11/28, **12/5***, 12/12
- Cycle 3: Sex Positive: 1/9, 1/16, 1/23 (WN), 1/30, 2/6, 2/27 (WN), **3/6***
- Cycle 4: Vital: 3/13, 3/20, 3/27, 4/3
- Cycle 5: Holy Spirit and Evangelization: 4/10, 4/24 (WN)
- Last Class Luau: 5/1
- Mother's Day: 5/8 - No Class - Mother's Day Blessings after Mass
- Summer schedule begins: 5/16

Life Night Descriptions:

- ❑ **Alive and Dangerous** → This series contains Life Nights on our desire for God and how we find fulfillment and happiness in Him. The topics covered include our call toward love, substitutes of God's love, counterfeits of God's love, and holiness.
- ❑ **The Promise** → This Life Night series immerses teens in these familiar narratives and offers the opportunity to process these stories as real life experiences. It also challenges teens to live lives of prayer and discipleship.

- ❑ **Sex Positive** → Sex Positive takes on modern views on sexuality. It brings to light and challenges the messages we receive through modern culture and particularly the mass media. It explores the Church's teaching on the nuptial meaning of the body, the purpose of sex, self-giving love (free, total, faithful, fruitful) and how to faithfully live out self-giving love and chastity in all vocations. Furthermore, it accomplishes this through the lens of truth, beauty, and goodness and an understanding that we (including our sexuality) are created "very good" by God.
- ❑ **Vital** → In this series, we will enter more deeply into the life and mission of the Holy Spirit, the fruits and gifts He offers us, and discover how we can be more open to His presence and power in our lives
- ❑ **Holy Spirit and Evangelization** → A two part series presented by Father Matt on how to internalize the gifts of the Holy Spirit and share them with the world as disciples of Jesus.

Other activities offered throughout the year:

- Haiti Mission Trip: 2/21-2/26* or 4/18-4/23*
- Discipleship Week: 6/23 - 6/27*
- CAMPS: 8/1 - 8/6 * (Contact Tahni Morell at tandpmorell@comcast.net)
- March for Life: January 20th - 22nd, 2022 in D.C.*
- Summer Pilgrimage: July 28th - August 8th, 2022*
* can substitute for one yearly retreat

If you have any questions concerning Mass Attendance, Life Nights, Mission Trips, Discipleship Week, March for Life, retreats, or any summer events, please contact Alyssa Gendreau, the Collaborative Youth Minister, at agendreau@hinghamcatholic.org. Any questions regarding Confirmation/Confirmation paperwork, Catechism Exam can be directed to Jo-Ann Sullivan at jsullivan@hinghamcatholic.org.