

Catholic Basics Exam

What are the Ten Commandments? (in order)

1. I am the Lord your God, you shall not have other gods before me. (money, pleasure, sports, getting into the best school, success, power, honors).
2. Do not use God's name in vain. (don't curse God's name)
3. Keep the Sabbath Holy. (Go to Mass every Sunday).
4. Honor your mother and father. (Listen to your parents and show them respect and obedience).
5. Do not murder. (murder, drugs, abuse of alcohol, hatred of others,(talking ill of others, ruining their reputation through verbal speech and social media.) violence)
6. Do not commit adultery. (having sexual relations with someone else other than your spouse, watching pornography, impurity with self and others)
7. Do not steal. (Do not take from others what does not belong to you, return things you borrow)
8. Do not bear false witness Do not lie . Always be truthful.
9. Do not be jealous of your neighbor's wife. (keeping your heart pure).
10. Do not envy your neighbor's goods. (To be happy with what God has given you)

What are the two greatest commandments? Love the Lord your God with all your mind, heart, soul, and strength. And love your neighbor as yourself.

When we hate someone, or slander them, cause them harm, or intentionally withhold kindness which of the 10 commandments are we breaking? The 5th Commandment (Hatred is a form of murder).

Is it ok to be unkind or to hate people who we believe are very bad, or people who have offended us or who are unkind to us? No. Jesus commands us to love even our enemies.

What is a Sacrament? A visible sign of invisible grace, instituted by Christ and given to the Church, by which divine life is infused into man.

What are the Seven Sacraments?

1. Baptism
2. Eucharist
3. Confirmation

4. Marriage
5. Holy Orders / Priesthood
6. Anointing of the Sick
7. Confession

What happens when are baptized? We become children of God because divine grace is infused into our souls. We also receive the virtues of faith, hope, and love. Original sins is washed away.

What sacrament do we receive when are very sick? Anointing of the sick

How many readings are there at the Sunday Mass? 3. Old Testament reading, New Testament reading and the Gospel reading.

What is it called when the priest talks to us about what we just heard? The homily

What is the most important part of the mass? When the priest picks up the host and chalice and says the words of consecration (“Take this all of you and eat of it. This is my body given up for you” and “Take this all of you and drink of it.”)

What happens if we make a good Confession? Our souls are washed in the blood of Jesus Christ and we start fresh again. We also receive grace to live a holier life. Our sins are forgiven.

Should we go to Confession frequently? Yes.

What is prayer? Conversation with God.

At mass we bring up the gifts of bread and wine.

T or F

The Church teaches that Jesus is **symbolically** present in the Eucharist. False

The Church teaches that Jesus is **physically** present in the Eucharist. False

The Church teaches that Jesus is **substantially** present in the Eucharist. True

What is the word that is used to describe the change of the bread into the body and blood of Christ during Mass? Transubstantiation

Who was the first Pope of the Catholic Church ? St. Peter, one of the 12 Apostles

Who is the current Pope? Pope Francis

Who is the bishop of our Diocese? Cardinal Sean O’Malley

What does Apostolic Succession mean? That every bishop and Pope has been ordained by another previous bishop in an unbroken chain all the way back to the Apostles. Hence, Cardinal Sean is also a Successor of the Apostles.

How many books are there in the Bible? 73

How many books are in the Old Testament? 46

How many are in the New Testament? 27.

Name the 4 Gospels. Matthew, Mark, Luke and John

What is the 1st book of the Bible? Genesis.

What is the last book of the Bible? Revelation

T or F

Jesus is the Son of God. True

Jesus is God. True.

Jesus is the 3rd person of the Trinity. False

Jesus is equal in dignity and glory as the Father. True

The Holy Spirit is lesser than the Father or the Son. False.

What are the two parts of the Mass?

Liturgy of the Word and Liturgy of the Eucharist

What is grace? Free and undeserved help that God gives us to respond to His call to live according to His plan for us. His call for us is to become saints.

Can we reject God's grace and plan? Yes

Why? Because God gave us free-will and we have the ability to cooperate with his plan or reject it.

What are the Three Theological Virtues?

1. Faith
2. Hope
3. Charity/Love (the greatest of the three).

What is Charity or Love? Love or Charity is to will the good of another. The ultimate good is heaven. So the greatest act of love is to will someone to go to heaven.

What are the Four Cardinal Virtues?

1. Prudence
2. Temperance
3. Justice
4. Courage

Name 10 saints or blessed and tell me something about them. There are many so pick your favorite.

What are the 5 seasons of the Church?

1. Ordinary Time
2. Advent
3. Easter
4. Lent
5. Christmas

Who is the Immaculate Conception? The Blessed Mother of God, Mary.

What is a sin? Sin is an offense against reason, truth, and right conscience. It is an offense against God.

How do we kill the divine life within us? By committing a grave sin.

To commit a grave sin means that you are no longer in the state of grace. True

Should you receive Holy Communion in a state of grave sin? No.

What is it called when we receive Holy Communion in a state of mortal sin? Sacrilege.

What are the three requirements for a mortal sin?

1. Grave Matter
2. Full Knowledge
3. Full Consent

What is the source and summit of our faith? The Eucharist / The Mass

What is the Eucharist? The body and blood of Jesus Christ

Why is the Eucharist important? Because it is the greatest gift the Jesus left us, Himself. Since Jesus is the Eucharist, there is no greater gift.

What are the five precepts of the Church?

1. Go to Mass every Sunday and Holy Days of Obligation

2. Go to Confession at least once a year.
3. Receive the Eucharist at least once during the Easter Season (assumes that you are in the state of grace).
4. To Fast and Abstain from certain food. Ash Wednesday and Good Friday (Fasting and Abstinence), every Friday of Lent to abstain from meat, and every other Friday of the year to fast or abstain from food in whatever way one sees fit.
5. To help to provide for the needs of the Church

What are the three places a soul can go after the body dies?

1. Heaven
2. Hell
3. Purgatory

T or F. **Purgatory is a place of testing before God decides where that soul is going.** False (once a soul makes into Purgatory, it is only a temporary state of purification before that soul reaches heaven).

How do we get out of purgatory? By the prayers of others.

Who goes to Heaven? Those who live by the commandments of God, and practice their faith and take the sacraments very seriously, who love God and by live a life of charity.

Who goes to Hell? Those who reject God's plan for them, continue to sin and lead a life of selfishness.

T or F. **Heaven and Hell are eternal.** True

T or F. **God sends souls to hell.** False

T or F. **Heaven or Hell are a choice.** True

T or F. **God forces souls into Heaven or Hell.** False

Define the Blessed Trinity.

3 Divine Person but one God. Father, Son, and Holy Spirit – but One God.

Is the devil real? Yes

What does he do? His primary objective is to deceive and oppress us and to get us to lose our souls.

What are the seven gifts of the Spirit that you will receive at Confirmation?

1. Wisdom
2. Understanding
3. Knowledge
4. Right Judgement
5. Courage
6. Reverence
7. Wonder / Fear of the Lord

What happens during the sacrament of Confirmation?

1. We receive the fullness of the Holy Spirit along with the 7 gifts
2. We are sealed with the Holy Spirit
3. We become a soldiers of Christ.

Know the Following Prayers by Heart

Our Father

Our Father, Who art in heaven, Hallowed be Thy Name; Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified,
died, and was buried. He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come
to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Act of Contrition (This prayer is recited during Confession)

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned
against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more,
and to avoid whatever leads me to sin.